

CALL FOR HELP

Helplines. Counselling. Emergency shelter. Safe Homes. Legal Aid.
For women in distress.

An information initiative of the Prajnya 16 Days Campaign against Gender Violence 2009

Emergency helpline for women		1091	(only from a BSNL landline)	
Emergency helpline for children (CHILDLINE)		1098	from any phone number	
HELP AVAILABLE 24 HOURS				
AASHRAYA (Andhra Mahila Sabha)	Short-stay shelter home, counselling, legal aid, medical and psychiatric support.	044-24642566 (24 hours)	21/12 Rosary Church Road Chennai 600004 (drop-in 24 hours)	
ANNAI FATHIMA CHILD WELFARE CENTRE ranikrishnan06@yahoo.com	Phone counselling 24 hours and direct counselling by appointment.	9444444874 (24 hours)	1. No. 34, East Mada Street Mylapore, Chennai 600 004 2. 48, Rajiv Gandhi Road, Karapakkam, Chennai 600 097	www.annaifathimatrust.org
ARUWE	Counselling and referral services, legal aid, psychiatric support.	044- 26454615 (24 hours)	No. 11, Solaiamman Koil Street, Ayanavaram, Chennai 600 023	
PCVC (International Foundation for Crime Prevention and Victim Care)	Shanthi Crisis Line, shelters or other emergency residential facilities, medical services, transportation networks, assistance in finding housing or relocating, other emotional support, legal assistance.	044-43111143 (24 hours)	2030, 13 th Main Road, Anna Nagar West, Chennai 600040.	pcvc2000@yahoo.com www.pcvconline.org
SNEHA	Emotional support to the depressed, desperate and suicidal.	044-24640050/ 044-24640060 (24 hours)	11, Park View Road, R.A. Puram, Chennai 600028. (Drop-in 8am to 10pm)	help@snehaindia.org http://www.snehaindia.org
ALSO AVAILABLE TO HELP WOMEN IN DISTRESS				
THE BANYAN	Residential care facilities for mentally ill destitute women, psychiatric treatment, counselling, rehabilitation.	044 26530504 / 044-26530599	6th Main Road, Moggapair Eri Scheme Moggapair West, Chennai 600057	team@thebanyan.org http://www.thebanyan.org/
KALAISELVI KARUNALAYA SOCIAL WELFARE SOCIETY	Short-stay shelter home, legal clinic, counselling.	044-26257779/ 044-26254956	3/PP1, Mogappair West Chennai 600037 (Near MGR Statue)	info@kkssindia.org
RISHI ABHAYA NILAYAM	Short stay home for young women and girls.	044-24981679	36/187, Kutchery Road, Mylapore, Chennai 600004.	
SAHODARI (YWCA)	Short-stay shelter home, counselling, legal aid, medical and psychiatric support.	044-25321737 / 044-26431200	1086, Poonamallee High Road, Chennai 600084. Shelter services open 6am to 11pm	sahodari@ywcamadras.org

Please display in a prominent location.