

CALL FOR HELP

Helplines. Counselling. Emergency shelter. Safe Homes. Legal Aid.
For women in distress.

Emergency helpline for women	1091	only from a BSNL landline	
Emergency helpline for children (CHILDLINE)	1098	from any phone number	
AVAILABLE 24 HOURS TO HELP			
AASHRAYA (Andhra Mahila Sabha)	Short-stay shelter home, counselling, legal aid, medical and psychiatric support.	044-24642566 (24 hours)	21/12, Rosary Church Road, Chennai 600004 (drop-in 24 hours)
ANNAI FATHIMA CHILD WELFARE CENTRE ranikrishnan06@yahoo.com	Phone counselling 24 hours and direct counselling by appointment.	9444444874 (24 hours)	1. No. 34, East Mada Street Mylapore, Chennai 600004 2. 48, Rajiv Gandhi Road, Karapakkam, Chennai 600097
ARUWE	Counselling and referral services, legal aid, psychiatric support.	044- 26454615 (24 hours)	No. 11, Solaiamman Koil Street Ayanavaram, Chennai 600 023
PCVC (INTERNATIONAL FOUNDATION FOR CRIME PREVENTION AND VICTIM CARE) pcvc2000@yahoo.com	Shanthi Crisis Line, shelters or other emergency residential facilities, medical services, transportation networks, assistance in finding housing or relocating, other emotional support, legal assistance.	044-43111143 (24 hours)	2030, 13 th Main Road, Anna Nagar West Chennai 600040.
SNEHA help@snehaindia.org	Emotional support to the depressed, desperate and suicidal.	044-24640050/ 044-24640060 (24 hours)	11, Park View Road R.A. Puram, Chennai 600028. (drop-in 8am to 10pm)
ALSO AVAILABLE TO HELP WOMEN IN DISTRESS			
THE BANYAN team@thebanyan.org	Residential care facilities for mentally ill destitute women, psychiatric treatment, counselling, rehabilitation.	044 26530504 / 044-26530599	6th Main Road, Moggapair Eri Scheme Moggapair West, Chennai 600057
KALAISELVI KARUNALAYA SOCIAL WELFARE SOCIETY info@kkssindia.org	Short-stay shelter home, legal clinic, counselling.	044-26257779 / 044-26254956	3/PP1, Mogappair West Chennai 600037 (Near MGR Statue)
RISHI ABHAYA NILAYAM	Short stay home for young women and girls.	044-24981679	36/187, Kutchery Road Mylapore, Chennai 600004.
SAHODARI (YWCA) sahodari@ywcamadras.org	Short-stay shelter home, counselling, legal aid, medical and psychiatric support.	044-25321737 / 044-26431200	1086, Poonamallee High Road Chennai 600084. Shelter services open 6am to 11pm
An information initiative of the Prajnaya 16 Days Campaign against Gender Violence 2009, annually updated Please display in a prominent location. For more details, please email prajnyatrust@gmail.com			

This information is accurate as on 15-11-2014. In case of discrepancies, please verify with concerned organisations. Any updates to Prajnaya will be appreciated.